**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_**

**Part 1**

**Vocabulary**

**Circle the best answer to complete each sentence.**

1. Each \_\_\_\_ manages stress differently. Some people remain calm under pressure.

A) physical

B) author

C) individual

2. It is important for good health to do some \_\_\_\_ exercise every day.

A) accurate

B) physical

C) final

3. If you need further \_\_\_\_, please press 0 to speak to a customer service agent.

A) assistance

B) data

C) issues

4. That clock isn’t \_\_\_\_. It is ten minutes fast.

A) traditional

B) error

C) accurate

5. The \_\_\_\_ stage of the project was difficult. Then, it got easier.

A) initial

B) objective

C) task

6. The nurse wrote the results of Emily’s tests on her medical \_\_\_\_.

A) resource

B) device

C) chart

**Circle the word that has the same meaning as the underlined word in each sentence.**

7. The team did well on the project because each member had a lot of expertise.

A) textbooks

B) knowledge

C) understanding

8. The Department of Fine Arts has a partnership with the National Gallery so students can display their work at the end of each semester.

A) publication

B) collaboration

C) project

9. Frederick is researching bees and the reasons they are dying.

A) studying

B) watching

C) collecting

10. This Web site has lots of data about our city’s population since it was founded.

A) information

B) activity

C) files

11. The teacher’s objective is for all her students to pass her course this semester.

A) practice

B) position

C) goal

12. The company’s business is expanding, so it needs to hire 100 new employees.

A) falling

B) growing

C) working

**Circle the correct word form to complete each sentence.**

13. If we want to travel to Italy next summer, we should \_\_\_\_ our plans this week.

A) final

B) finally

C) finalize

14. The diagram \_\_\_\_ the main points of today’s lecture.

A) illustrates

B) illustrate

C) illustrations

15. Patrice \_\_\_\_ her suitcases so she wouldn’t lose them.

A) label

B) labeled

C) labeling

16. Our professor has \_\_\_\_ an article in this month’s issue of *Body & Mind* magazine.

A) publish

B) publisher

C) published

17. My family visited Kyoto to see a \_\_\_\_ Japanese garden.

A) tradition

B) traditional

C) traditionally

18. You need a special code to \_\_\_\_ the files on the server.

A) access

B) accessible

C) accessibility

**Use six of the words in the box to complete the sentences.**

achievement aid chapter code couple

device document feature fee grade

income linked resource site task

19. The membership \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ at my gym is $500 per year.

20. The \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ was harder than Lisa expected, so she asked her boss for more time.

21. The author’s major \_\_\_\_\_\_\_\_\_\_\_\_\_\_ was winning the Nobel Prize for Literature.

22. Doctors have \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ tobacco use with many health issues.

23. A GPS \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in your car is helpful when you are driving in another country.

24. The Internet is an excellent \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for finding information on every topic.

**Match the word on the left with the definition on the right. Write the letter on the line.**

|  |  |
| --- | --- |
| \_\_\_\_ 25. site | A. a small number or a few |
| \_\_\_\_ 26. couple | B. something important, interesting or typical of a place or thing |
| \_\_\_\_ 27. status | C. a place where a building, town, etc. is located |
| \_\_\_\_ 28. feature | D. a mark given for a piece of work or the quality of a product |
| \_\_\_\_ 29. income | E. the social or professional position |
| \_\_\_\_ 30. grade | F. the money that a person earns from work |

**Part 2**

**Listening**

**Listen to the lecture. Then circle the best answer to complete each sentence.**

31. The lecture is mainly about \_\_\_\_.

A) the “fight” or “flight” response

B) why stress is important

C) the affects of stress on the body

32. Adrenaline is \_\_\_\_.

A) a physiological response

B) a hormone

C) a stressor

33. Emotional stress can damage the \_\_\_\_.

A) heart

B) brain

C) hands

**Listen to the lecture again. As you listen, complete the notes. Write your answer on the line.**

Topic  How stress affects the human (34.) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Adrenaline plays an important (35.) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  “fight or flight” response

Stress  (36.) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ beats faster, hands sweaty, blood pressure up, breathing faster

Takotsubo cardiomyopathy first described in Japan in (37.) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Condition is (38.) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  people recover; no permanent damage to heart

Homework = 2 pages about positive + negative stress  email by   
(39.) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Circle the best answer to complete each sentence.**

40. The most likely audience for this lecture is \_\_\_\_.

A) medical students

B) doctors

41. The lecture is \_\_\_\_.

A) Formal

B) Informal

42. The audience already knows about \_\_\_\_.

A) adrenaline

B) cardiomyopathy

43. The lecturer \_\_\_\_ before saying technical terms.

A) repeats

B) pauses

44. The lecturer \_\_\_\_ the Japanese term.

A) spells and explains

B) illustrates and displays

45. The lecturer gives \_\_\_\_ of things that cause stress.

A) activities

B) examples

**Listen to the interview. Then circle the best answer to complete each sentence.**

46. Gina Costello is \_\_\_\_.

A) an author

B) a publisher

C) a professor

47. In the early 1900s, \_\_\_\_.

A) Hudson University was founded

B) the university expanded

C) the population of Parkdale grew

48. The group Save Parkdale wants \_\_\_\_.

A) more space to expand

B) the government to protect the historical sites

C) financial aid from the government

**Listen to the interview again. As you listen, identify the numbers. Circle the correct answer to each question.**

49. What is Parkdale’s population today?

A) Between 5,000 and 6,000

B) About 65,000

50. What percentage of Parkdale’s population are low-income families?

A) 75 percent

B) 65 percent

51. How many years have some families lived in Parkdale?

A) 50 years

B) 15 years

**Complete the notes about Hudson University. Write your answer on the line.**

Hudson University  founded in (52.) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Old + (53.)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2 X students compared to (54.) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ years ago.

**Circle the best answer to each question.**

55. Which of the following is an example of a greeting?

A) Hello again, viewers.

B) It’s good to be here, Tom.

56. What kind of greeting is it?

A) Formal

B) Informal

57. Which of the following is an example of leave-taking?

A) People will have to move away.

B) We’ll be right back.

58. How long is the leave-taking?

A) Short

B) Long

59. Which of the following is an example of back channeling?

A) Hmm.

B) Right?

60. Which of the following expresses agreement?

A) Really?

B) That’s right.

**Part 3**

**Speaking**

**Write notes for a 30-second speech about stress. Then present your speech to the class.**

* When did you feel stress?
* What is positive or negative stress?
* What is temporary? How long did it last?

**Write notes for a 30-second speech about an historic site. Then present your speech to the class.**

* What is the historic site?
* Where is it?
* Is the site protected by the government?